

Life Group Questions: *How Can I Have Faith?*

1. Opening & Connecting Questions (Trust and Faith)

- Can you think of a time when you trusted someone even though you didn't know what would happen?
- Why is it sometimes hard to trust someone when we can't see the outcome?
- Who are some people you trust in your life? Why do you trust them?
- How is trust similar to faith? How might it be different?

2. Understanding Faith (Hebrews 11:1) (Read Hebrews 11:1 together)

- According to this verse, how does the Bible define faith?
- What do you think it means to be "sure of what we hope for"?
- Why do you think faith is needed for things we cannot see?
- Can you think of things we believe in even though we can't see them (like wind, love, or gravity)?
- How does faith help us understand the invisible or spiritual things of God?

3. What Is Faith? (Simple Definition)

- How would you explain faith in your own words?
- What does it mean to believe that God loves us and keeps His promises?
- Why do you think faith is connected to hearing God's Word?
- How do people today usually hear about God (Bible, church, family, friends, media)?
- How can listening carefully help faith grow? (Read Romans 10:17)

4. Everyday Examples of Faith :Chair Example

- How do you know a chair will hold you when you sit down?

- What would happen if you didn't trust the chair?
- How is trusting God similar to trusting a chair?

Night-time Trust

- When you go to sleep/through tough times how do you know God is still looking after you?(Matt 28:20)
- How does that help you feel safe?
- How does knowing Jesus is always with us help us trust Him?

5. How Can I Have Faith? (Practical Steps)

Listening to God

- What are some ways we can listen to God today?
- Why does learning more about God make it easier to trust Him?
- Who helped you learn about God or faith?
- How can we put into action what we hear from God's Word?

Talking to God (Prayer)

- What kinds of things can we talk to God about?
- Why do you think prayer helps our faith grow?
- How is prayer more than just talking?
- Have you ever felt God helping or comforting you when you prayed?

Taking Small Trust Steps

- What does it look like to practice faith every day?
- Can you share a small way someone can trust God this week?
- Why do you think faith grows like a muscle?
- What happens if we don't use a muscle—or our faith?

6. Bible Story Reflections

David and Goliath

- Why was David confident even though Goliath was bigger?
- What did David trust God to do?
- How does this story encourage us when we feel small or afraid?

Jesus Calming the Storm

- Why were the disciples afraid?
- What question did Jesus ask them?
- What does this story teach us about trusting Jesus in scary situations?

7. Personal Application

- What is one thing you find hard to trust God with?
- What is one small step of faith you can take this week?
- How can we support each other in growing our faith?

8. Closing Reflection & Encouragement (Read Matthew 17:20)

- Why do you think Jesus says even small faith is enough?
- What does it mean to have faith in a “big God”?
- How does the mustard seed remind us of faith?
- What can help our faith grow, just like the seeds need water and care?