

Up, In, Out

We are called to be followers of Jesus, so what can we learn from His balanced approach to life, ministry & relationships? What can we learn that will help us to be better three-dimensional Disciples?

Luke 6:12-19

Up

Jesus & the Father

"One of those days Jesus went out to a mountainside to pray, and spent the night praying to God." v12

Leaning into God - intimacy (growing in depth of intimacy with God)

How?

- Prayer
- Reading Scripture
- Worship (sung/written/drawn/spoken, etc)
- Fasting
- Silence
- Solitude

Questions:

- Do I actively pursue intimacy with Jesus
- Am I seeing my relationship with Jesus deepen/grow?
- Do I recognise and respond to His voice?

In

Jesus & the Disciples

"When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles:" v13

Learning Together - discipleship (growing as disciples together)

How?

- developing authentic relationships with Christian friends
- being accountable to one another
- commitment to gathering together regularly
- committing to small groups (Life Groups, friendship groups, Connect Groups)
- serving others

Community - commitment to gathering together

- united by relationships (not religion)
- united in love for one another (John)
- united as Disciples together

Questions:

- Do I love the Church family?
- How do I express that love?
- Am I experiencing intimacy in relationships?
- How easy is it for me to trust people?
- Am I being authentic and making myself vulnerable to others?

Out

Jesus & the Crowds

"He went down with them and stood on a level place. A large crowd of his disciples was there and a great number of people from all over Judea, from Jerusalem, and from the coastal region around Tyre and Sidon, who had come to hear him and to be healed of their diseases." v17

Loving Others - evangelism (being everyday messengers of Good News)

How?

- developing trust & mutual friendships with non-believers
- serving in the community
- being Good News
- witnessing to God's work
- Living/Sharing the Gospel
- Breaking Down Walls
- Overcoming Fears / Creating Opportunities

Questions:

- Do I have a heart for those who don't know Jesus?
- How often do I share my faith?
- Do I make time for relationships with non-Christians?
- Am I proud of the Gospel or ashamed?

Conclusion

We're called to be three dimensional Christians - up, in & out:

- **relationship** with God, one another, & the community
- **focus** on God, one another, & the community
- **commitment** to God, one another, & the community

Leaning into God - Learning Together - Loving Others
Intimacy - Discipleship - Evangelism
Being With Jesus - Becoming Like Jesus - Doing What Jesus Did