



Reflective Questions

The disciples saw Jesus' dependence on relationship with His Father through prayer, and recognised the difference that made to His ministry. Wisely, they asked Jesus to teach them how to pray. There's no formula, and it's not magic, but there is real power which comes through relationship with the Father developed in intimacy & connection through prayer.

**TEACH
US TO PRAY**

General discussion:

- how/when do you pray?
- do you have a specific place & time?
- do you have any triggers during the day which bring you to pray?
- how do you manage/keep up with prayer requests
- do you keep a note of answered prayers?
- if you could teach one thing about prayer, what would it be?
- do you have any testimonies relating to prayer which may encourage others?

Talk through each of the headings used and discuss together how we might put them into practice, what obstacles get in the way and how we could overcome them.

- **Keep it Simple** - *Matthew 6:6-8*
 - Jesus' "model" of prayer was so simple but profound - principles for us to follow
- **Keep it Real** - *Matthew 26:36-46*
 - Jesus wasn't afraid to be authentic before His Father at Gethsemane
- **Keep it Up** - *Luke 18:1-8*
 - the widow persisted when her request was not granted
 - Jesus persisted in prayer at Gethsemane, despite His disappointment with His disciples

Please encourage you group members to sign-up and join us for the **Prayer Course** - starting Sunday 1st October - 6:30-8:00pm - full details will be sent out later this week.

